

Bingo-Harmony at Anderson

Friday, Oct. 24 • 3 P.M.
Meet at this assisted living community at 6201 Clough Pike for a spooktacular afternoon!

Owl-Oween!

Monday, Oct. 27 • 10:30 A.M.
Raptor Rescue returns with an exciting owl program.
The perfect way to begin Halloween week!

Book Blitzers

Monday, Oct. 27 • 12:30 P.M.
Discussing *Facing the Mountain* by Daniel James Brown.

Go Metro-Cincinnati Transportation

Tuesday, Oct. 28 • 10:30 A.M.
Learn about this program and how you can access METRO's services.

Check out event and program information on Facebook @FriendsOfAndersonTownshipSeniorCenter

The Anderson Township Senior Center is closed September 1 and October 13.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.	Oil Painting		Woodcarvers Walk and Talk	Watercolors	
9:30 a.m.	Silver Sneakers Cardio	Silver Sneakers - Strength and Balance	Blood Pressure Check Tone Chimes	Silver Sneakers Yoga	Silver Sneakers Cardio
10 a.m.	Bridge		Euchre	Bridge	
10:30 a.m.			Fun and Fitness*		
11 a.m.		Better Balance Safer You*		Better Balance Safer You*	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12 p.m.		Quilters Mahjong			
12:30 p.m.	Line Dancing*	Choir – Sing Along	Cornhole – Open Play	Creative Circle	Garden Club – 3rd Friday

*Fee Charged

POSITIVE MIND • POSITIVE VIBES • POSITIVE LIFE

Music by “Franken-Denny”

Tuesday, Oct. 28 • 11:30 AM.
Musician Denny Duvall returns, in costume, to play fun Halloween songs.

Movie Matinee: The Birds

Wednesday, Oct. 29 • 11:45 A.M.
Relive this spooky 1963 Alfred Hitchcock classic with birds attacking a town in California.

October Birthday and Halloween Party

Friday, Oct. 31 • 10:30 A.M.
Wear a costume (if you'd like) and join in the fun!
Music, dancing, and a delicious lunch.
Sign up by October 23.

Carving Group Finds Camaraderie at Senior Center

The members of the Anderson Township Senior Center have many opportunities to participate in arts and craft activities, including oil and watercolor painting, quilting, and the new crafting club. One group, however, stands out at the center for a variety of reasons – our woodcarvers.

The woodcarvers meet on Wednesday mornings and work on independent projects. Two members have been carving for only three weeks, but others have been carving for more than 20 years. The group works together to develop plans and share ideas. The members of the club agree that woodcarving is a mental and physical exercise. It takes visualization, expands the memory, develops patience and works upper body muscles.

Member Mike Payne, who is also a leader in the East Fork Carvers Club, enjoys carving birds and decoys. He says that woodcarving at the senior center is as much of a social activity as an artistic one. He has met new people and developed friendships.

Senior center members who would like to try wood carving are welcome to join the group. Starter kits are available for new carvers, purchased with funds from the Hamilton County Public Health Grant the senior center received last year.



MISSION STATEMENT • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: *“To provide services which protect and enhance the quality of life in our community.”*
AndersonTownshipOH.gov/senior-center

HOURS
Monday-Friday
9 a.m. – 2 p.m.
PHONE
513.474.3100

CLAIRE O'CONNELL
Activities Manager
COConnell@AndersonTownshipOH.gov
JANEL SCHAEFFER
Member Services Coordinator
JSchaeffer@AndersonTownshipOH.gov

September

Memory Cafe

Tuesday, Sept. 2 • 10:30 A.M.

Flute Music by Mark Huffman

Tuesday, Sept. 2 • 11:15 A.M.

Country Music by Drake

Wednesdays, Sept. 3 and 17 • 11:30 A.M.

Queen City Cloggers

Thursday, Sept. 4 • 10:30 A.M.

Watch these popular folk dancers perform at our center.

Visit From a Cincinnati Reds Legend

Friday, Sept. 5 • 10:30 A.M.

Ask questions and hear stories from the playing days of a legend. Name to be announced at a later date.

Folk Music by Dave Sanders

Friday, Sept. 5 • 11:30 A.M.

An Update on Anderson Township

Monday, Sept. 8 • 10:30 A.M.

Learn about current happenings and future plans from Steve Sievers, assistant township administrator for operations.

Guitar Music by Jon Armstrong

Monday, Sept. 8 • 11:30 A.M.

Services from ProSeniors

Tuesday, Sept. 9 • 10:30 A.M.

Nick Stockburger, ombudsman, will speak about the ProSeniors free legal helpline, the Senior Medicare Patrol and long-term care.

Fall Craft with Heaven Sent Care

Friday, Sept.12 • 10:30 A.M.

Make a pumpkin candy jar to take home.

Movie Matinee: *Jaws*

Friday, Sept. 12 • 11:45 A.M.

Celebrating the movie's 50th anniversary. Is it safe to go into the water yet?

Historian Diane Shields – Astronaut Alan Shepard

Monday, Sept. 15 • 10:30 A.M.

Learn about the first American to travel in space and the oldest to walk on the moon.

Piano Music by Jonathan Carlisle

Monday, Sept. 15 • 11:30 A.M.

Brain Health – Capacitar Practices for Self-Care

Tuesday, Sept. 16 • 10:30 A.M.

Angie Homoelle, from Catholic Charities of Southwest Ohio, will teach tapping and hand positions, or mudras, to positively impact the brain, reduce anxiety and more.

September Birthday and Country-Western Hoedown

Wednesday, Sept. 17 • 10:30 A.M.

Dancing, Country music sing-along, cornhole and a delicious lunch. Sign up by September 9.

Folk Music by Seldom the Same

Thursday, Sept. 18 • 10:30 A.M.

Member Coffee

Friday, Sept.19 • 10:30 A.M.

All are welcome to hear about the senior center! Meet the staff, ask questions and give suggestions on future programming.

Annie on the Piano

Fridays, Sept. 19 and 26 • 11:30 A.M.

Treatments for Balance Disorders

Monday, Sept. 22 • 10:30 A.M.

Patrick Shumrick, DPT, from the Center for Balance and Dizziness, will share how his center assesses and treats dizziness, vertigo and imbalance.

Acoustic Guitar Music by Jim Kelly

Monday, Sept. 22 • 11:30 A.M.

Jim has a playlist of over 500 songs! He is the color analyst and former football player at the University of Cincinnati.

Book Blitzers

Monday, Sept. 22 • 12:30 P.M.

Discussing *The Island of Sea Women* by Lisa See.

Edibles and THC Gummies - What You Need to Know

Tuesday, Sept. 23 • 10:30 A.M.

Alysha Currie, RN, from the Drug and Poison Information Center, will be here to share information about the risks associated with using marijuana with prescription drugs and its effect on your brain and heart.

Fall Football Breakfast

Wednesday, Sept. 24 • 9 A.M.

Are you ready for some pancakes? Or are you on team eggs and fruit? Sign up at the front desk in September for this complimentary meal.

Guitar Music by Dave Ridenour

Wednesday, Sept. 24 • 11 A.M.

Paint Party!

Friday, Sept.26 • 10:30 A.M.

Sue Ann Prewitt returns to lead us in painting your choice of a Bengals logo or fall pumpkins. Pictures are posted in the lobby. **Cost: \$35**

Steamboats and Industry in Cincinnati

Monday, Sept. 29 • 10:30 A.M.

Member Nick Rehtin returns to discuss how steamboats changed Cincinnati, bringing the Industrial Revolution to our city.

Broadway Tunes Karaoke

Tuesday, Sept. 30 • 10:30 A.M.

Have fun singing along with songs from classic and current Broadway hits. Let a staff member know the songs you'd like included.

October

Country Music with Drake

Wednesdays, Oct. 1 and 15 • 11:30 A.M.

Author J.D. Townsend: The Murder of Marilyn Sheppard

Friday, Oct. 3 • 10:30 A.M.

Dr. Samuel Sheppard, from the Cleveland area, was convicted of the murder of his wife in 1954. He served 10 years in prison before the decision was overturned. Find out more about this fascinating story.

Folk Music by Dave Sanders

Friday, Oct. 3 • 11:30 A.M.

Donuts with a Deputy

Monday, Oct. 6 • 10:30 A.M.

Deputy Campbell returns to answer your questions about safety in the Anderson Township area, accompanied by a K9 officer and drug-sniffing dog.

Memory Cafe

Tuesday, Oct. 7 • 10:30 A.M.

Flute Music by Mark Huffman

Tuesday, Oct. 7 • 11:15 A.M.

Movie Matinee: *The Fugitive*

Wednesday, Oct. 8 • 11:45 A.M.

Watch the movie based on the Sheppard murder discussed Friday, Oct. 3 with J.D. Townsend.

Greeting Card Class

Thursday, Oct. 9 • 10:30 A.M.

Make beautiful cards to take home. **Cost \$2**

Make a Journal Using Gel Printing

Friday, Oct. 10 • 10 A.M.

Learn the basics of gel printing in this two-hour class taught by artist Lou Ann Roberto. You will print one-of-a kind, original pieces on paper and leave with a journal and stack of original prints. Members have taken her class and enjoyed it! **Cost: \$45**

Piano Music by Annie

Fridays, October 10 and 24 • 11:30 A.M.

Low Waste Living

Tuesday, Oct. 14 • 10:30 A.M.

Elise Roalef from Hamilton County ReSource will share alternatives, tips and resources to help reduce waste in our daily lives.

Folk Music by Seldom the Same

Thursday, Oct.16 • 10:30 A.M.

Belterra Park

Thursday, Oct. 16 • 11 A.M.

Meet at Belterra Park, 6301 Kellogg Road. Complete the manifest form at the front desk by October 8.

Rethinking Plastics

Friday, Oct. 17 • 10:30 A.M.

Bob Gedert, past president of the National Recycling Coalition, will speak on the relationship between plastics and climate change and how plastics affect human health and the environment.

Historian Diane Shields: General Douglas MacArthur

Monday, Oct. 20 • 10:30 A.M.

Learn about the role MacArthur played in the southwest Pacific in WWII and the Allied occupation following the war.

Piano and Vocals with Mary Beth Samoya

Monday, Oct. 20 • 11:30 A.M.

Brain Health - The Body is Electric!

Tuesday, Oct. 21 • 10:30 A.M.

Rich Christopher, back pain specialist and creator of the Muscle Release System, will share ways you can have more energy and function and feel like a kid again!

Guitar Music with Dave Ridenour

Wednesday, Oct. 22 • 11 A.M.

Medicare Review

Friday, October 24 • 10:30 A.M.

Kasia Hutchinson from Humana returns to discuss the 2026 changes to Medicare.